



Seahawk News

Notes from the Principal

It is typically my tradition to use the May newsletter to reflect on the year...and what a year it has been! It began in heat and smoke, cancelled sporting events, and frustrations. We navigated the fear of impending strike and the anxiety of a possible emergency school closure. Finally, we found ourselves in the middle of a pandemic that forced us, on a very short timeline, to redefine what school is and how we do it. Our new normal is frustration, fear, and anxiety about the unknown future, and the limitations we must endure in our present.

My heart is broken for all of our students, but especially for the Class of 2020. They have frustration, fear, and anxiety, but also hurt. So much of their senior year was broken. They didn't get spring sports, nor their prom, nor the awards ceremony, nor graduation. They don't get the entire community crowding the gym in celebration of their rite of passage. Instead, we have worked with the seniors and their families to create a plan that celebrates them, that is FOR them, and that meets the state's health mandates. Stay tuned for much more information about how you can help us celebrate this most unique and painful of graduations.

I want to recognize and give love to the amazing staff at Seward High. I'm quite proud of their willingness to adjust their job descriptions to put kids' needs first. THIS, however, pushed that philosophy far beyond anything that we could have predicted. The teachers were asked to completely change their curriculum requirements, their delivery and assessment methods, AND ensure that they were in direct communication with students and parents as often as possible. They made this shift in one short week. The support staff stepped up across the board— instructional aides took leadership roles online, the custodial staff organized and facilitated materials distribution, student nutrition services provided meals, and Ms. Starr learned a whole new job description while preparing for the end of the year. Finally, consider that Ms. Jordan managed all of this in her first year with us at Seward High. These accomplishments, under the strict health mandates we endured, are nothing short of miraculous. I couldn't be more proud of their efforts, professionalism, and GENUINE care for the needs of each of our students.



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As is my tradition in the May Newsletter, I'd like to reiterate my thanks to our parents, volunteers, the business community, our service centers, state and federal agencies who lend their expertise and support, and the Seahawk fans who come to our events. I am overwhelmed by gratitude when I consider how fortunate Seward High is to rely on the support of the entire community. I know how hard you work to create opportunities for our kids and I most sincerely thank you.

I'd also like to extend a special thanks to the Seward Area Site-Based Council and the Seward PTA. Their advocacy and support of our programs cannot be overstated.

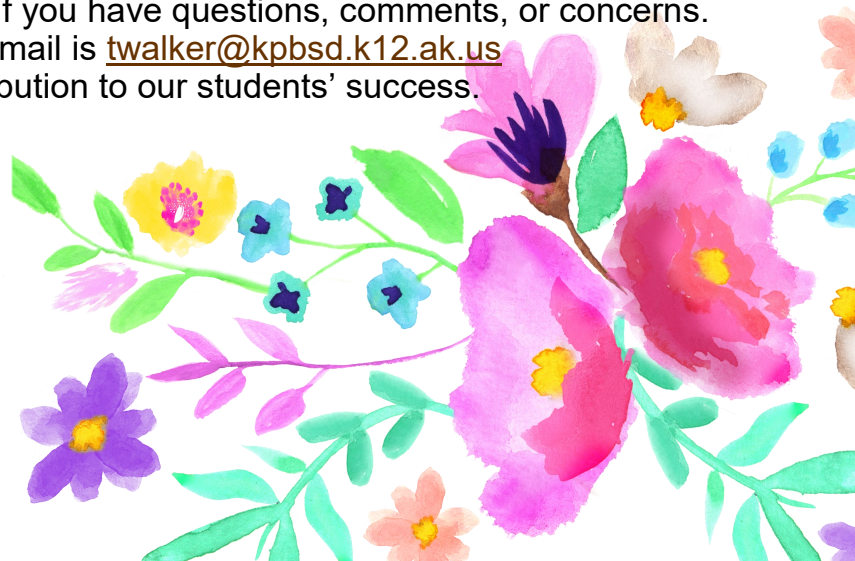
I also need to recognize The Seward High Athletic Booster Club and specifically thank Maya Moriarty. Under her leadership, the Booster Club helped organize and facilitate school-wide fundraisers—raffles, Day of Caring, and the CHARR Auction. Their increased efforts, while Maya was the Booster Club president, earned thousands of dollars beyond their regular fundraising systems. Those dollars directly benefit Seward High's 9 varsity sports. This makes my, our coaches, and Activity Director's jobs much more easy. We get to focus on the kids and their sports rather than on fundraising. On behalf of Seward High, thank you...

Please make sure you note these important dates coming up in this busy month of May:

Chromebook/Materials Return	May 13-15, 18-20
Virtual Awards/Scholarship Ceremony published	May 18
Conferring of Diplomas—by appointment	May 18-19
Senior Parade	May 19
Last day for make-up/grade improvement	May 20
Last day for teachers/final grade submission	May 21

Feel free to contact me at any time if you have questions, comments, or concerns. My direct line is 224-9066 and my email is twalker@kpbsd.k12.ak.us. Thank you for your continued contribution to our students' success.

Sincerely, Trevan Walker, Principal



Nurse's Corner-

Class Act

I've seen most of you grow up since you were a baby because your class is my daughter's class. So, this one is very personal. I have been the school nurse since 2009 and have seen a lot of kids come and go. This class of 2020 is simply put, amazing. You're athletic, artistic, and ambitious. We are in a historic moment and while we are at times struggling in it, it is easy to feel you may have been robbed of the finishing line. But know this, your life during this transition is already etched in history. You face the challenges and in fact revel in it because it is not in your nature to do otherwise as the graduating Class of 2020.

Naomi's Mom,

Nurse Yoly



SHS Remote Instruction Schedule:

Monday	Tuesday	Wednesday	Thursday
Period 1 10:00-11:00	Period 5 10:00-11:00	Period 1 10:00-11:00	Period 5 10:00-11:00
Period 2 11:00-12:00	Period 6 11:00-12:00	Period 2 11:00-12:00	Period 6 11:00-12:00
Period 3 1:00-2:00	Period 7 1:00-2:00	Period 3 1:00-2:00	Period 7 1:00-2:00
Period 4 2:00-3:00	Period 8 2:00-3:00	Period 4 2:00-3:00	Period 8 2:00-3:00

If you'd like to create a parent Canvas account to observe online class content, your child will need to login to Canvas, create a pairing code in Settings, and allow you to be an observer. Here are [the instructions](#) and here is [the login page](#) (select Parent of a Canvas User). Note that the instructions are directed toward the student, not parents. Once you have created the account, you can access it via [the web](#) or the Canvas Parent app, available for IOS and Android.





Seward High School Facebook

<https://www.facebook.com/SewardHighSchool>

Seward High School Blog

<http://sewardhighschool.blogs.kpbsd.k12.ak.us/>

Resource Page for Remote Learning

<https://www.kpbsd.k12.ak.us/content.aspx?id=41596>

Internet Access Resources

<https://www.kpbsd.k12.ak.us/communications.aspx?id=41738>

KPBSD and Covid-19

https://www.kpbsd.k12.ak.us/students_parents.aspx?id=41540

PowerSchool

<https://ps.kpbsd.k12.ak.us/public/home.html>

Canvas

<https://kpbsd.instructure.com/>





WHAT IS SORA?

Sora is a reading and listening app from Overdrive that allows users to access ebooks and audiobooks on most any device.

Getting Started

- Download the **FREE** Sora app from the Apple App Store, Google Play Store, or soraapp.com
- Search for KPBSD Main Collection using ZIP CODE ~ 99669
- Read & Listen from any device: Chromebooks, tablets, laptops, desktops, and phones.

KPBSD Staff & Students (Gr. 6-12) have access to collection

Staff Login: eNumber with a 9 in place of E / Normal Password
Student Login : ID Number / Normal Password

Get Sora and start reading today!





Dear students,

Next year I am moving down to the Elementary School to be their new Counselor, a position new to the district but one I did for eight years in Anchorage.

That said, my door will remain open to students of all ages. I plan to develop a program that will involve older students working with me as mentors to support the K-5th grade students at recess and/or in the classroom-- I will be in touch with more info this fall.

I can't tell you how much I miss having time with all of you this Spring—all this communicating on the computer just isn't the same as being in a school community. I miss your energy and smiles and laughter and expressions and company. Though I am thankful for our technology, it can never replace human connections.

Part of this job change is to spend less time with scheduling, testing, and record keeping and more time listening to young people's stories. Though I will no longer have an office at the High school or Middle school, I will always be an advocate for all of you.

Thank you for your trust, honesty, and patience this year. It's not over, we still have an interesting six weeks ahead—I just wanted to share this news with you personally, before the word spread.



Stay safe, kind, creative, and active.

Sincerely,

Christy Jordan

Seward HS/MS Counselor

SOME GOOD NEWS!



Corn Fritter has made his way home! After being missing for two months to the day, your favorite snake will be here to greet you in the fall!



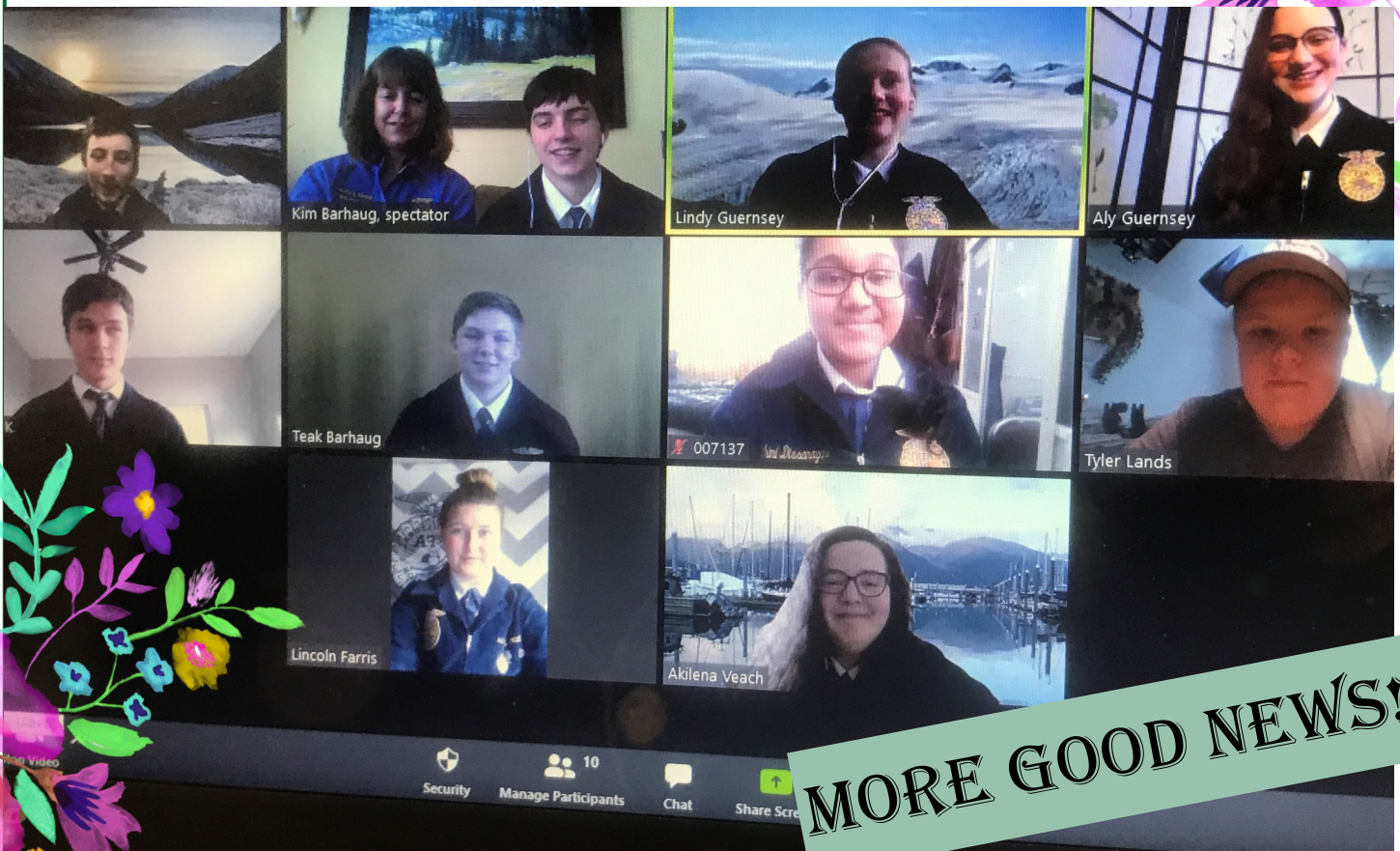
Lydia Jacoby was announced to be one of the three girls finalists for the 2020 Pride of Alaska Youth Award by The Alaska Sports Hall of Fame. The winner will be announced May 6 at 2 p.m. ADT via Facebook Live on the Alaska Sports Hall of Fame Fa-



Jacoby is already a two-time state record holder in the 100-yard breaststroke. This season she posted a blazing time of 1:00.61 to break her own state record. With a time of 1:10.45, she qualified by a half-second to compete in the 100 breast stroke at the 2020 U.S. Olympic Swimming Trials, which were canceled due to COVID-19.



Connor Spanos signed his letter of intent to Southwestern Oregon Community College, April 22nd via Zoom with his family and friends watching! How cool is it to think he might be the only Seahawk in history to sign a college letter with us via Zoom!!



MORE GOOD NEWS!

This year the Alaska FFA delivered a virtual state convention online! It was featured on the news and you can view that link on the Seward High School Facebook page. Photo of Seward High School's FFA chapter, Iron Mountain, taken by Kim Barhaug, during state via Zoom! From left to right, top to bottom, Cody Bryden, Kim Barhaug, Tate Barhaug, Lindy Guernsey, Aly Guernsey, Corbin Kichner, Teak Barhaug, Dilthini Dissanayake, Tyler Lands, Lincoln Farris, and Akilena Veach. Not pictured is Melanie Woodard and Casey Bryden.



National Chapter

- Three Star: Silent Springs
- Two Star: Delta Junction
- Two Star: Iron Mountain

KPBSD posts flyers as a community service. Such posting does not constitute an endorsement for or against the materials and viewpoints expressed in them.

We are Here for You.

LET'S STAY CONNECTED

Call us to check-in, call us for support, call us for ideas and options regardless of your behavioral health needs.

Just Call. Now is the time to reach out.

We want to hear from you. Call 907-224-5257 (business hours 8am-5 pm) or 907-223-3027 (for 24/7 support) & Ask for Sara or Daniel



SeaView
Community Services



Seward Community Behavioral Health Resource List

Behavioral Health Crisis Line: 224-3027

North Star

Services: Counseling services for individuals, families and couples. Spectrum of support combining the best traditional Native healing practices with the western model of psychological assistance.

Phone: (907) 224-3490

Website: <http://www.chugachmiut.org/health-social-services/clinics/seward/>

SeaView

Services: Psychiatric emergency services, behavioral health screenings/brief Interventions, teletherapy, telepsychiatry, intensive treatment services and housing.

Providers: Tommy Glanton, LCSW; David Mack, MD; Jacquie Arcand, LCSW; Sarah El-ek, LCSW; Sara Dietrich, MA; Anna Baylis-Reynolds, LCSW; Amy Dunville, LPC; Steven Hess, MA; Steven Kirkilas, LMSW; Linda Lawless, LPC

Phone: (907) 224-5257

Website: <http://www.seaviewseward.org/home.shtml>

Payment: Medicaid, Medicare, VA Choice, Tri-Care, and all commercial insurance plans. SeaView is in-network with Blue Cross Blue Shield and Aetna and is a certified VA provider. Self-pay options and a sliding fee scale.

Seward Community Health Center

Services: Integrated behavioral health, screening, brief counseling and interventions, referrals to local counselors. Telehealth services available.

Phone: (907) 224-2273

email: mcraytor@sewardhealthcenter.org

Website: www.sewardhealthcenter.org

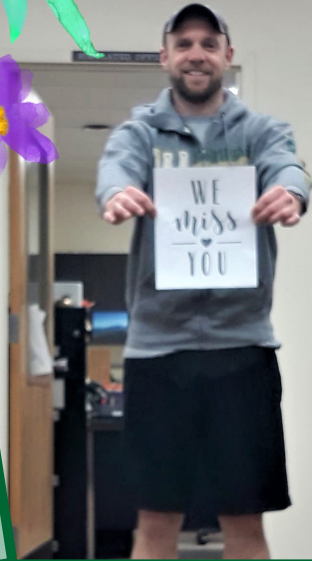
Payment: Cash, Check, Credit Card, Medicaid, most private insurances, sliding fee scale

Behind the Sun Therapeutics

Services: Individual, child, couples, and family systems therapies. Other services available on request include basic mental health screening and assessment, nature therapy, canine assisted therapy, retreat facilitation, mountain sports performance consultation, grief trauma and loss recovery work, contract supervision, contract locum work, and contract program evaluation.

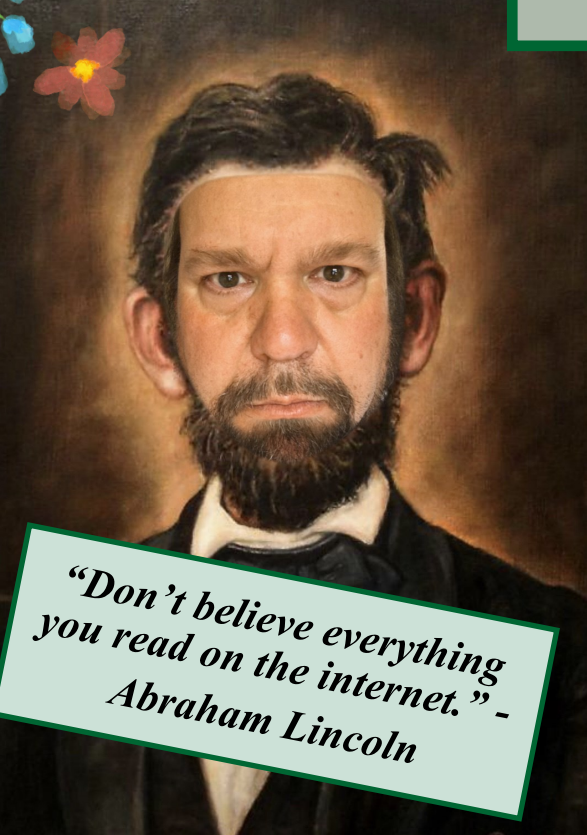


We miss you!



SHS Hallways feel empty without you!

GOODBYES ARE NOT FOREVER. GOODBYES ARE NOT THE END. THEY SIMPLY MEAN I'LL MISS YOU, UNTIL WE MEET AGAIN!



"Don't believe everything you read on the internet." - Abraham Lincoln



"The" Pi-stache



SHS MAY ANNOUNCEMENTS

- Seward High School's spring drama production, [Zoomalogues](#), has gone virtual this year. Please enjoy these short student chosen comedic and dramatic monologues. After viewing, if possible, please reach out to individual students with some virtual applause. They have worked really hard on these and would love some Seward love! Just click on the first photo to begin the performance.
- We're doing credit recovery and limited first-time credit acquisition through summer school. Students/parents should reach out to Ms. Jordan and Ms. Swander if they want to participate.
- The Journalism class has been busy adding creative content to the school news site. SHS Today provides a platform for students to contribute a variety of articles, podcasts, videos, photos and comics. The news staff invites everyone to check out our site: <https://shstoday.org/>.
- Yearbooks- SHS will distribute senior books that have been purchased at the same time that we do diplomas. Our goal will be to get Seniors their books, and then distribute the rest of them in August, when school is back in session.

Congratulations on your upcoming Graduation!

Continue to use the AKCIS program once you leave HS and no longer have PowerSchool or a KPBSD Gmail account:

- Find Account Settings (under the drop down arrow next to your name).
- Change your email address and reset password to Kpbsd2020

Log in to AKCIS.org with your username (still your student ID#) & new password!

Already Graduated? Need help accessing your account? You can contact AKCIS anytime and they can reset your password for you! Remember to change your email!





KPC-Resurrection Bay Extension Site News

JumpStart Dual Credit Program: Dear Sophomores, Juniors, Parents, and Guardians, I had plans to walk you through the registration process for Fall 2020 classes after Spring Break but obviously we hit a bump in the road. With that being said, I am still available to help you with planning your Fall KPC schedule. Please touch base to **make an advising appointment. Online registration for fall classes opened Monday, April 20th.**

JumpStart Basics: Discounted tuition program for eligible high school juniors and seniors.

- Tuition for up to six credits per semester is subsidized by the Kenai Peninsula Borough, for residents of the Kenai Peninsula Borough. **JumpStart tuition discount is dependent upon Borough funding**
- Students are responsible for the remaining tuition, all student fees and textbooks.
- KPB residents are eligible to use the JumpStart program in the fall semester of their 11th grade school year.

JumpStart Checklist: If you would like me to email you a checklist, please just shoot me an email or call me at 262-0285 (your voicemail with link to my email) and I will get back to you.

Fall 2020 Schedule: Introduction to Biology, M/W, 11am – 12:15pm; Writing Across Contexts, Monday nights, 6pm – 8:45pm, Life Span Development, Tuesday nights, 7pm-8:15 pm (blended format) **How about taking a KPC math class?** The math class we offer will be determined once students complete ALEKS Math Placement Test.

Online college classes might be an option for you! Let's talk about this option!!!

Placement Testing: You may need to take the Accuplacer (English placement test) or ALEKS (math placement test) before you can register for classes. I can go over these details with you if you **reach out to me!**

Please contact Resurrection Bay Extension Site Coordinator Jackie Marshall for more information 262-0285(voicemails left at this number link to my email) or email jjepimarshall@alaska.edu

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Jackie Marshall
Coordinator
KPC-Resurrection Bay Extension Site
(907) 224-9049
(907) 262-0285



**STAY
HOME
STAY
SAFE**

- Early Release Days
- Bus Routes and Student Transportation
 - Mobile App
- New-To-District Students

- Online Payments for Activity Fees and Food Service Fees
- Parent Student Handbook
- PowerSchool Navigation Tips
- Safety Protocol at KPBSD Schools
- School Calendars
- School Delays and Closures
- School Development Plan Goals

